

2022-03-08

### **INSTRUCTIONS - Future or New Parents**

Be assured that we are sensitive to the stressful situation that you are currently experiencing in connection with the birth of your child in the current context of the COVID-19 pandemic. To limit the spread of the virus and ensure your optimal safety, please follow these recommendations:

- ✓ The second parent or significant other is admitted for childbirth and during the prenatal and postnatal stay, even if they have minor symptoms of COVID-19, whether or not they are positive if they meet the conditions prevention of infections.
- ✓ Two significant others can be present for labor and delivery if the patient requests it and those people are not at risk of infection with COVID-19.
- ✓ Visitors are allowed in the delivery room before the transfer to the maternity ward. Two visitors at a time are permitted only if those people are not at risk of infection with COVID-19. (siblings of the baby are permitted)
- ✓ The mother has to wear a procedure mask while in presence of the staff during labor, delivery (if possible) and while outside their room.
- ✓ It is mandatory for the significant others as well as the visitors and the siblings to wear a procedure mask while in presence of the staff and while outside their room.
- ✓ For COVID positive or suspected parents, meals will be provided by the hospital to both parents because in this case it is not allowed to circulate in the hospital. In presence of visitors or another significant person, they must wear the full protection gear except the N95 mask, and must at all times respect the rules.

#### **In the event of a stay in the neonatal unit for your baby:**

- ✓ Only parents are allowed to visit their newborn. Since the neonatal unit is an open environment, we're trying to limit the number of people.

We apologize for these restrictive measures caused by this situation. The goal is to protect you, just like we want to protect your babies.

The Perinatal Team