

2022-03-08

## INSTRUCTIONS — Mothers in Accommodations

Be assured that we are sensitive to the stressful situation you are currently experiencing following the hospitalization of your newborn in the neonatal unit and in the current context of the COVID-19 pandemic. To limit the spread of the virus and ensure your optimal safety, please follow these recommendations:

- ✓ Parents who are COVID-19 positive or suspected cannot visit their baby. With that said, special accommodations can be arranged.
- ✓ Parents are allowed to visit their newborn.
- ✓ Hand hygiene and wearing a mask are required for each visit to the neonatal unit. Since the neonatal unit is an open environment, we're trying to limit the number of people.
- ✓ If the baby's hospitalization period is extended, the parent is authorized to leave the hospital and return to visit the baby. Visits are permitted only if strict infection prevention and control measures are applied.
- ✓ No other visitors are allowed. The NICU is an open space, so to assure the security of our babies, the number of person is limited.
- ✓ Meals will be provided by the hospital to the mother.
- ✓ We have a family room for the families, the recommendations are illustrated on the wall.

We apologize for these restrictive measures caused by this situation. The goal is to protect you, just like we want to protect your babies.

The Perinatal Team