



# COMMUNITY ORGANIZING

DIRECTION DE SANTÉ PUBLIQUE

## WHAT IS IT?

Community organizing is a professional practice of collective actions that aims to improve living conditions, reduce social and health inequalities, encourage citizen participation and favour social inclusion.

Utmost attention is provided to populations affected by social problems, such as poverty or social exclusion.

Community organization contributes to social and community development.

## VALUES

- Respect
- Solidarity
- Democracy
- Common good
- Social justice and equity
- Empowerment and autonomy

## AREAS SUPPORTED

- Pontiac
- Gatineau
- Papineau
- Vallée-de-la-Gatineau
- Collines-de-l'Outaouais

## FOR WHO?

- Community organizations
- Networking groups
- Municipalities
- Citizens
- Departments of the CISSS de l'Outaouais

**Social problems are collective in nature, and so are their solutions!**

## AREAS OF ACTION

### Supporting community organizations

To provide groups with the tools they need to carry out their mission.

### Supporting the development of local communities

To improve their social, economic, political, cultural, and environmental situations.

### Supporting action on the social determinants of health

To better meet basic needs such as food, housing, education, income, transportation, etc.

### Supporting the links between communities and the Centre intégré de santé et des services sociaux (CISSS) de l'Outaouais

To promote complementarity of resources and to raise awareness of the needs and realities of the communities.

FACILITATION  
CONSULTING  
ASSESSMENT  
TRAINING  
INFORMATION-REFERRAL  
MEDIATION  
ORGANIZATION  
WRITING

ANALYZE  
RAISE AWARENESS  
MOBILIZE  
CONNECT  
ACCOMPANY

PROFESSIONAL ROLES AND ACTIONS

## EXAMPLES OF COMMUNITY INTERVENTIONS

**Assisting community organizations** (ex. general meetings, by-laws, internal policies, human resources, action plans, funding and incorporation).

**Setting up committees with partners** to improve living conditions and encourage citizen participation from ethno-cultural communities or families in a vulnerable situation.

**Working with municipalities and networking groups** to mobilize communities around social issues, such as housing, social isolation of seniors and persons with a disability.

**Developing collective projects** to promote food security, social inclusion of people experiencing homelessness and for the positive mental health of the population.

**Exploring with the departments of the CISSS de l'Outaouais**, ways of responding to the needs of communities using a population-based approach.

## TO ASK FOR SUPPORT

Please fill out the form and send it to:

**07CISSO.**  
**soutiencommunaute.**  
**santepublique@ssss.**  
**gouv.qc.ca**

## FOR MORE INFORMATION

- Visit [our web page](#)
- [Download the form](#)
- Call 819 966-6484, extension 6