

FICHE-CONSEILS

Préparation à une investigation - Clinique AOC

Centre intégré
de santé
et de services sociaux
de l'Outaouais

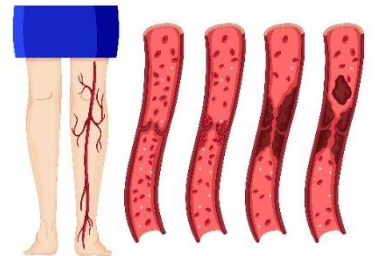
Québec

NURSING BRANCH

MDI-1 Thrombophlebitis

Subject

Thrombophlebitis is the formation of a blood clot in a vein. This clot completely or partially blocks blood flow into the vein, like a cork. The severity of the phlebitis varies depending on the type of vein affected (deep or shallow). For example, if the clot is formed in a large deep vein, treatment should be urgently provided to prevent clot embolization in the lungs (pulmonary embolisms). In the vast majority of cases, thrombophlebitis forms in a vein of the legs, although it may also occur in other parts of the body such as the arms or abdomen.



Description

Following your medical consultation, you were referred to the Clinique AOC (Accueil et Orientation Clinique) for a quick internal medicine examination in accordance with the predetermined medical protocol. The examination includes blood tests and a venous doppler. The clinical nurse will conduct a quick health assessment and review of your test results. If there is thrombophlebitis, you will be assessed by an internal medicine specialist on the same day of your appointment.

Instructions for users

The Clinique AOC administrative officer will contact you within the time prescribed by your doctor for initial care within 24 hours (business days). Your exams will be scheduled in the hospital centre in your region – Hull, Gatineau, Buckingham, Maniwaki or Shawville where the exams are available. The administrative officer will inform you of the steps you need to take, the date of your appointment and the necessary preparation for your exams. Make sure you are available within the quick timeframe prescribed by your doctor. You can contact the Clinique AOC at 819-966-6127 Monday to Friday from 7:30 a.m. to 3:30 p.m. during business days.

Additional information

You should seek help at an emergency department if you have sudden and sustained breathing problems or chest pain.

Inspired from Passeport santé at www.passeportsante.net, edited by Dr. Ian Barrette, AOC Medical Coordinator