

FICHE-CONSEILS

Préparation à une investigation - Clinique AOC

Centre intégré
de santé
et de services sociaux
de l'Outaouais

Québec 

NURSING BRANCH

N-1 TIA/Minor Stroke

Subject

A stroke occurs when there is a blood flow blockage affecting a fairly extended region of the brain. It occurs as a result of the blockage or rupture of a blood vessel that results in the death of nerve cells deprived of oxygen and nutrients essential to their functions. Sometimes the blockage of a cerebral artery is only temporary and resolves naturally, without any after-effects; this is called a transient ischemic attack (TIA). The symptoms of a TIA are the same as those of a “real” stroke but they disappear within an hour.



Description

Following your medical consultation, you were referred to the Clinique AOC (Accueil et Orientation Clinique) for a quick neurological examination in accordance with the predetermined medical protocol. The examination includes blood tests, an electrocardiogram, a brain and carotid CT angio scan and a Holter monitor. The clinical nurse will conduct a health assessment and an analysis of your test results. You will then be referred to a neurologist within a set timeframe.

Instructions for users

The Clinique AOC nurse will contact you within the time prescribed by your doctor for initial care: A (1-4 business days) or B (4-14 business days). Your exams will be scheduled in the hospital centre in your region – Hull, Gatineau, Buckingham, Maniwaki or Shawville where the exams are available. The nurse will inform you of the steps you need to take, the date of your appointment and the preparation required for your exams. Make sure you are available within the quick timeframe prescribed by your doctor. You can contact the Clinique AOC at 819-966-6127 Monday to Friday from 7:30 a.m. to 3:30 p.m. during business days.

Additional information

If you have a recurrence of your symptoms or new symptoms such as weakness or a coordination problem in a limb, a language problem, or a complete loss of vision in an eye, seek help at an emergency department.

Inspired from Passeport santé at www.passeportsante.net, edited by Dr. Ian Barrette, AOC Medical Coordinator