

FICHE-CONSEILS

Préparation à une investigation - Clinique AOC

Centre intégré
de santé
et de services sociaux
de l'Outaouais

Québec

NURSING BRANCH

URO-2 Macroscopic Hematuria

Subject

Hematuria is characterized by the presence of blood in the urine. It is said to be microscopic when it is not visible to the naked eye, and it is macroscopic when it is perceptible to the naked eye, making urine pinkish, red or brownish. There may also be large or small blood clots in the urine. Blood in the urine may be related to a urinary tract infection or other causes. It is therefore important to initiate an examination to determine the underlying cause.



Description

Following your medical consultation, you were referred to the Clinique AOC (Accueil et Orientation Clinique) for a quick urological examination in accordance with the predetermined medical protocol. The examination includes blood and urine tests as well as an abdominal scan. The clinical nurse will conduct a health assessment and an analysis of your test results. You will then be referred to a urologist who will perform a cystoscopy (viewing the interior of the bladder using a camera) within a predetermined timeframe.

Instructions for users

The Clinique AOC administrative officer will contact you within the time prescribed by your doctor for initial care: A (1-4 business days). Your exams will be scheduled in the hospital centre in your region – Hull, Gatineau, Buckingham, Maniwaki or Shawville where the exams are available. The administrative officer will inform you of the steps you need to take, the date of your appointment and the necessary preparation for your exams. Make sure you are available within the quick timeframe prescribed by your doctor. You can contact the Clinique AOC at 819-966-6127 Monday to Friday from 7:30 a.m. to 3:30 p.m. during business days.

Additional information

You should seek help at an emergency department if you develop a fever, difficulty/inability to urinate, or severe abdominal/dorsal pain.

Inspired from Passeport santé at www.passeportsante.net, edited by Dr. Ian Barrette, AOC Medical Coordinator